



We ask for your support in providing healthy, nutritious food options for our in need. By hosting this food drive – your support will help stock community food pantries across the Northwest Michigan region.

Please consider the following when donating:

Consider donating pop-top or easy open cans or donating can openers

Avoid Glass Jars – opt for cans or plastic jars to limit breakage

Consider healthy options like low sodium, low sugar, or whole grains

For donating food or personal care items, please consider:

Fruits and Vegetables • Canned Vegetables • Canned Fruit • Fruit Cups / Dried Fruits • Fruit Juice • Jams/Jelly Grains • Cereal • Rice (All Varieties) • Oatmeal / Oats • Crackers • Popcorn • Pasta (All Varieties) Protein • Canned Beans (All Varieties) • Dried Beans, Peas, Lentils • Peanut Butter (All Varieties) • Tuna (Cans or Packets) • Canned Chicken (Cans or Packets) • Canned Chili Dairy • Shelf-Stable Milk • Shelf-Stable Milk Alternatives (Coconut, Almond, Rice)	Pantry Staples • Flour / Sugar • Oils (All Varieties, Plastic Container) • Granola Bars • Broth (Chicken, Beef, Vegetable) • Pasta Sauce (Cans, Plastic Jars) • Canned Tomatoes • Spices (All Varieties, Consider Salt, Pepper, Garlic, Onion) • Packet Mixes (All Varieties – Consider Taco Seasoning, Gravy Mix, Chili Seasoning) • Soups (All Varieties – Consider Soups with Proteins) Personal Care Items • Toilet Paper • Toothpaste & Toothbrushes • Soap & Shampoo • Disposable razors • Deodorant • Feminine Hygiene Products • Laundry Detergent Please LIMIT donations of: • Baked Goods / Sweets (cookies, muffins, cake) • Potato Chips • Soda Pop
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